

Free Online Training



- Want to further your education, but need flexibility?
- Need training that will make you more competitive?
- Want to open up your career options?

Metrix Learning and CalJOBs can help you grow!

Business Courses

- Administrative
- Finance & Accounting
- Human Resources
- Sales & Marketing

Healthcare Courses

- Basic Clinical Skills
- Billing & Coding
- Dietary & Nutrition
- Infection Control

Industrial Courses

- Automotive
- Electrical
- Green Energy
- Machining



Computer Course

- Word
- Excel
- PowerPoint
- Publisher

Workplace Courses

- Business Etiquette
- Team Skills
- Time Management
- Business Writing

Customer Service Courses

- Active Listening
- Communication
- Emotional Intelligence
- Cultural Sensitivity

To register on both sites, simply go to: http://eastbayworks.metrixlearning.com

Business Courses

- **ASQ: Six Sigma** (Black, Green and Yellow Belt)
- **Desktop Curricula:** Adobe, Apple, Facebook, Google, Microsoft Office
- Administrative Support: Office Manager
- **Communication Curriculum:** Cross-cultural communication, Dealing with difficult people, Effective Business Writing
- **Customer Service:** Communicating Effectively, Interacting with customers.
- Human Resources: Recruiting, screening

Salaries:

Help Desk Support \$27 per hour

Office Coordinator \$19 per hour

Human Resources Specialist \$29 per hour

Salaries:
Medical
Billing
\$21 per
hour
Dietitian
\$32 per
hour
Nursing
Assistant
\$17 per
hour

Healthcare Courses

- Basic First Aid: Medical response
- Billing & Coding: Home Health coding, ICD-10, Impact of Clinical Documentation
- **CNA Fundamentals:** Abuse & Neglect, Activities of daily living, Ambulation,
- Food & Fluids, Bladder & Bowel care Dietary & Nutrition: Nutrition for Renal
- Failure, Nutrition Screening
- Heart & Breath Sounds: Heart Murmurs, Heart and Breath Sounds
- Nursing Communications: Nurse-Patient Relationships, Cultural Awareness



Industrial Courses

- Blueprints/Drafting: CAM/CAD
- Electrical: AC/DC Electrical Systems, Electrical Systems in Manufacturing
- Green Energy: Alternative Energy, Solar Energy Concepts, Wind Energy Concepts
- Machining: Computer Numerical Control (CNC), Grinding Machines, Machining Centers
- **Robotics:** Robot Operations, Robotic Programming



Salaries:

Energy Engineer \$38 per hour

Journeyman Machinist \$22 per hour

Electrical Engineer I \$36 per hour